

Chicken and Rice Medley

Low fat, low cholesterol, 1/3 less salt recipe.

INGREDIENTS

1 6.9 oz package Rice-A-Roni® Chicken Flavor Lower Sodium

3 1/2 oz skinless, boneless chicken breast halves, cut into thin strips

1/2 cup frozen peas

1/3 cup thinly sliced celery

1/2 cup chopped red or green bell pepper

HOW TO MAKE

DIRECTIONS

Prepare Rice-A-Roni® Mix as package directs adding chicken with water and contents of seasoning packet.

Continue to cook as package directs, adding remaining ingredients during last 10 minutes of cooking.



PREP
TIME

5min



COOK
TIME

15min



SERVES

6

PRODUCT

